

1 10A NCAC 13D .3037 is proposed for adoption as follows:

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3 **10A NCAC 13D .3037 SPECIAL CARE UNIT POLICIES AND PROCEDURES**

4 The facility shall assure that special care unit policies and procedures are established, implemented by staff and
5 available for review within the facility. In addition to all applicable policies and procedures for adult care home
6 portions of combination facilities, there shall be policies and procedures that address the following:

- 7 (1) the philosophy of the special care unit which includes a statement of mission and objectives
8 regarding the specific population to be served by the unit which shall address the following:
9 (a) safe, secure, familiar and consistent environment that promotes mobility and minimal use
10 of physical restraints or psychotropic medications;
11 (b) a structured but flexible lifestyle through a program of care which includes activities
12 appropriate for each resident's abilities;
13 (c) individualized care plans that stress the maintenance of residents' abilities and promote
14 the highest possible level of physical and mental functioning; and
15 (d) methods of behavior management which preserve dignity through design of the physical
16 environment, physical exercise, social activity, medication administration, nutrition and
17 health maintenance;
18 (2) the process and criteria for admission to and discharge from the unit;
19 (3) a description of the special care services offered in the unit;
20 (4) resident assessment and care planning, including opportunity for family involvement in care
21 planning, and the implementation of the care plan, including responding to changes in the
22 resident's condition;
23 (5) safety measures addressing dementia specific dangers such as wandering, ingestion, falls and
24 aggressive behavior;
25 (6) staffing in the unit;
26 (7) staff training based on the special care needs of the residents;
27 (8) physical environment and design features that address the needs of the residents;
28 (9) activity plans based on personal preferences and needs of the residents;
29 (10) opportunity for involvement of families in resident care and the availability of family support
30 programs; and
31 (11) additional costs and fees for the special care provided.

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33 History Note: Authority G.S. 131E-104; 131E-114.

34 Eff. October 1, 2008.